

# Get Help to Help Your Loved One

The Partnership for Drug-Free Kids, working with the Center for Motivation and Change, is proud to offer free support services to families affected by a loved one's substance abuse.



The Partnership offers the Helpline, a non-crisis support line staffed by bi-lingual parent specialists who can answer questions and provide direction to concerned parents.

The Helpline can also connect you to our Parent Coaching service. Parent Coaches are volunteers who have personal experience with a loved one's substance use and specialized training to help families.

To learn more, call the Helpline at  
**1-855-DRUGFREE (1-855-378-4373)** or  
visit [www.drugfree.org/helpline](http://www.drugfree.org/helpline)

The Helpline's hours are Monday-Friday, 10-6, Eastern time. Outside of operating hours, leave a voice mail or click on the words [Contact Us](#) on our webpage to let us know when you can be reached.